



**East China Normal University  
International Summer Session**

**PSY 11: Principles of Psychology**

**Term: July 5th – August 8th, 2018**

**Instructor: Bianca Cody Murphy**

**Home Institution: Wheaton College, Massachusetts**

**Office hours: Monday and Wednesdays 12:35-1:35**

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**Teaching Assistant:**

***Course Description***

This course focuses on the methods and findings of modern scientific psychology. Students will be introduced to key concepts, principles, and theories of this empirical science of behavior. Topics include the biological bases of behavior, sensation and perception, human development, learning, memory, cognition and language, intelligence, consciousness, motivation, emotions, social psychology, personality, disorders, and treatment.

***Course Overview***

Psychology is an interesting and fun subject that touches every aspect of our lives. We will use lectures, discussions, demonstrations, group activities, and video presentations to give you a sense of the scientific study of psychology across all of its major subfields: physiological psychology, developmental psychology, cognitive psychology, social psychology and clinical psychology.

This course will introduce you to concepts and critical thinking skills that are used in psychology. You learn to think like a psychologist. The ultimate goal is to provide you with an enhanced understanding of the fundamentals of human nature and to inspire you to observe human behavior from a scientific perspective. The course will provide you with a framework for future studies in this field. The concepts we will discuss will also have applications to your own personal lives.



## ***Course Goals***

A student who satisfactorily completes this course should:

- Understand basic psychological terminology and be able to engage in meaningful discussion of psychological concepts and issues.
- Be familiar with the scientific method and the various research methods used to explore and understand human behavior
- Understand the complex interaction of biological, psychological, social and cultural contributions to human behavior.
- Have an increased ability to critically analyze behavior and information in order to develop informed opinions.
- Apply the concepts and theories of psychological science to real life situations.

## ***Required Text***

Myers, David and Dewall, C. Nathan (2016). Exploring Psychology (10<sup>th</sup> ed.) NY: Worth. (Available online).

[http://www.amazon.com/Exploring-Psychology-David-G-Myers/dp/1464154074/ref=sr\\_1\\_1?ie=UTF8&qid=1461016209&sr=8-1&keywords=exploring+psychology+10th+edition](http://www.amazon.com/Exploring-Psychology-David-G-Myers/dp/1464154074/ref=sr_1_1?ie=UTF8&qid=1461016209&sr=8-1&keywords=exploring+psychology+10th+edition)

## ***Course Hours***

The course has 25 class sessions in total. Each class session is 110 minutes in length, for a total of 2750 minutes of in-class time. The course meets from Monday to Friday. ECNU awards 4 credits for this course. Different universities may count course credits differently. Consult officials at your own home institution.

## ***Attendance***

Summer school is very intense and to be successful, students need to attend every class. Occasionally, due to illness or other unavoidable circumstance, a student may need to miss a class. ECNU policy requires a medical certificate to be excused. Any absence may impact on the student's grade. Moreover, ECNU policy is that a student who has more than 3 absences will fail the course. Arriving late or leaving early will count as a partial absence.



## ***Grading Policy***

ECNU awards grades of A, A-, B+, B, B-, C+, C, D, and F. Most colleges and universities do not award transfer credit for grades of D or F.

In this course, grading will be based on the following:

Attendance/participation	10%
Brief Quizzes	20%
Active Learning Assignment	10%
Mid-term Exam	30%
Final Exam	30%

## ***General Expectations***

Students are expected to:

- Attend all classes and be responsible for all material covered in class and otherwise assigned. Any unexcused absence may impact a student's grade.
- Arrive to class on-time: Late arrivals are disruptive to your fellow students and to the conduct of the class.
- Complete the day's required reading and assignments before class
- Review the previous day's notes before class; make notes about questions you have about the previous class or the day's reading
- Refrain from texting, phoning or engaging in computer activities unrelated to class during class ( ) It is highly disrespectful to the professor and to the class.
- Participate in class discussions and complete required written work on time.

## ***Course Schedule***

The planned schedule sketched out below may be modified to suit the interests or abilities of the enrolled students or to take advantage of special opportunities or events that may arise during the term.

### ***SCHEDULE***

Thursday July 5                      Introduction to the course



	How to be a great student and still have a life Reading: Time Management pp.xivii-liv
Friday July 6	Introduction to the Field: Psychological Science Reading: Chapter 1 pp. 1-14
Monday July 9	Research Methods and Ethics Reading: Chapter 1 pp.14-32
Tuesday July 10	The Biology of the Mind: Neurons and Networks Reading: Chapter 2 pp. 35-47
Wednesday July 11	Nervous System and Brain Anatomy Reading: Chapter 2, pp 48-66
Thursday July 12	Child Development Reading: Chapter 3, pp .119-138
Friday July 13	Child Development Reading: Chapter 3, pp. 138 -157
Monday July 16th	Sensation and Perception Reading: Chapter 6, pp 199-225
Tuesday July 17	Sensation and Perception Reading: Chapter 6 pp. 226-246
Wednesday July 18	Learning: Classical and Operant Conditioning Reading: Chapter 7, pp. 245-266
Thursday July 19	Memory Reading: Chapter 8



Friday July 20	EXAM 1 Chapter 1, 2, 3, 6, 7.and 8
Monday July23	Social Thinking and Influence Reading: Chapter 12, pp 441-462
Tuesday, July 24	Persuasion Handout: Myers Chapter on Persuasion
Wednesday July 25	Antisocial and Prosocial Relations Reading: Chapter 12 pp. 462-489
Thursday July 26	Motivation Reading: Chapter 10 pp. 365-385
Friday July 27	Emotion Reading: Chapter 10 pp. 386-403
Monday July 30	Stress Reading: Chapter 11 pp. 405-419
Tuesday July 31	Active Learning Teams Public Service
Wednesday August 1	Health and Happiness Reading: Chapter 11 pp. 419-439
Thursday August 2	Psychological Disorders Anxiety Reading: Chapter 14, pp 527-544
Friday August 3	Mood Disorders, Schizophrenia and Other Disorders Reading: Chapter 14 pp. 545-567
Monday August 6	Review Session



Tuesday August 7      Exam 2 Chapters 8 10. 11. 12, 14, and 15

Wednesday August 8      PSA Presentations

***Academic Honesty***

Students are expected to maintain high standards of academic honesty. Specifically, unless otherwise directed by the professor, students may not consult other students, books, notes, electronic devices or any other source, on examinations. Failure to abide by this may result in a zero on the examination, or even failure in the course.